

CURRICULUM VITAE

Amy Rachel Bartoshesky, BSN, MSN, RN, FNP-BC

PERSONAL HISTORY

- **Current Position:**

Senior Instructor, University of Colorado School of Medicine, Department of Pediatrics, Section of Nutrition, Lifestyle Medicine Program

- **Professional Address:**

13123 E. 16th Street
Aurora, CO 80045

EDUCATION

Haverford College

Bachelor of Arts, May 2007. Major: Psychology; Minor: Sociology

- **Awards:** Stephen G. Cary '37 Award for the greatest overall impact on the athletic program

University of Pennsylvania Bachelor of Science in Nursing, December 2011

- **Honors:** Summa Cum Laude

University of Pennsylvania Master of Science in Nursing, December 2014

- Family Nurse Practitioner Program

ACADEMIC APPOINTMENTS

Senior Instructor, University of Colorado School of Medicine, Department of Pediatrics, Section of

Nutrition: February 2017-present

- Clinical nurse practitioner in the Lifestyle Medicine program at Children's Hospital Colorado
- Evaluate children with obesity, assess for obesity-related comorbidities, provide lifestyle management counseling to reduce BMI, and manage weight loss medication when appropriate
- Coordinate care within the Lifestyle Medicine multidisciplinary team and with other specialists

- Precept nurse practitioner students
- Initiated and managed a Telehealth outreach clinic, 2017-2020
- Developed a protocol for lab result distribution to patients and families, 2019
- Developed a standard orientation template for nurse practitioner students and new advanced practice providers in Lifestyle Medicine, 2022
- Developed a meal replacement protocol specific for Lifestyle Medicine patients, 2021-2023
- Led a project to develop new note templates to improve provider efficiency and satisfaction, while reducing “note bloat”, 2023
- Created an internal algorithm for weight loss medication selection, 2023
- Member of the Section of Nutrition’s DEI Clinical sub-committee
- Member of the hospital-wide APP Survey Taskforce
- Promoted from instructor to senior instructor Sept 2023
- Faculty position: 95% cFTE; 5% administrative FTE
 - o February 2017 – November 2019: 1.0 total FTE
 - o November 2019 – August 2022: 0.65 total FTE
 - o August 2022 – present: 0.6 total FTE

Lecturer B, University of Pennsylvania School of Nursing, Helene Fuld Pavilion for Innovative Learning and Simulation: November 2015-May 2016

- Faculty instructor in the clinical simulation center for BSN students during their pediatrics rotation
- Led students in weekly comprehensive simulation scenarios
- Facilitated individual learning during small group sessions and via feedback on written assignments
- Guided students in critical thinking exercises in preparation for skill validation and bedside care

OTHER PROFESSIONAL EXPERIENCE

Optum United Healthcare - Denver, CO: January 2017-December 2018

Per diem nurse practitioner

- Performed monthly chronic care visits and simple acute care visits for residents in a long-term care facility aged 60+
- Worked to get all residents up to date on preventive care screenings
- Ordered and interpreted routine labs
- Collaborated with families and facility staff

Medix Staffing Solutions - Denver, CO: November 2016-January 2017

Temporary full-time nurse practitioner

- Contracted with Optum through a staffing agency with identical duties as above

The Children's Hospital of Philadelphia - Philadelphia, PA: February 2012-January 2017

Clinical Nurse Level II - Department of Oncology and Bone Marrow Transplantation

- Staff nurse on the inpatient pediatric oncology floor
- Cared for patients with new oncologic diagnoses, chemotherapy admissions, and palliative care
- Preceptor for newly hired nurses and nursing student externs
- Graduate of UHC/ AACN Nurse Residency Program in August, 2013
- Per diem status February, 2014-January, 2017

Education Plus Health - Philadelphia, PA: March 2016-July 2016

Part-time Nurse Practitioner - Belmont Community Health Center

- Nurse practitioner for a community-based health clinic one evening per week
- Provided general primary care services, including preventive care, sick visits, routine physicals, and vaccinations for children and adults

National Nurse-Led Care Consortium and Education Plus Health - Philadelphia, PA: August 2015-June 2016

Full-time Nurse Practitioner - School-Based Health Centers

- Nurse practitioner for two school-based health centers in West Philadelphia for children age 5-14
- Provided general school nursing care, well child care, acute care, chronic care management, health education, care coordination, and school health screenings
- Clinical supervisor for two medical assistants
- Collaborated with families, school personnel, and primary care providers

Defender Association of Philadelphia - Philadelphia, PA: August 2007-May 2010

Child Advocate Social Worker/Social Service Advocate

- Managed a caseload of 115 dependent youth in the foster care system
- Visited and interviewed clients in placement
- Collaborated with attorneys to advocate for youth in Family Court
- Worked with Department of Human Services, provider agency workers, and families
- Represented clients in meetings, wrote court reports, testified in court, and maintained caseload files

HONORS AND AWARDS

-
- Recognized as an “Expert in Clinical Practice Development” through a pilot program for advanced practice providers at Children’s Hospital Colorado, May 2023
 - Top 10% Provider for Outstanding Ratings on Patient-Family Experience Survey, May 2023
 - Outstanding Service Award, Children’s Hospital Colorado Medical Staff and Board of Directors, May 2022
 - SEED Peer to Peer Recognition, November 2021, October 2022, January 2024
 - Provider of the Month, Children’s Hospital Colorado, November 2021

PRESENTATIONS

- Children’s Hospital Colorado Advanced Practice Conference 2022
 - “Pediatric Obesity and Hypertension”, co-presenter, February 8, 2022
- Children’s Hospital Colorado Advance Practice Grand Rounds
 - “Care for the Child with Obesity at CHCO”, co-presenter, December 13, 2023

PROFESSIONAL CERTIFICATIONS

- Family Nurse Practitioner (FNP-BC), American Nurses Credentialing Center, received February 2015, renewed February 2020, expires February 2025
- Basic Life Support for Healthcare Providers, expires February 2024

PROFESSIONAL LICENSURE

- Nurse Practitioner: Colorado License, expires September 30, 2025
- Prescriptive Authority: Colorado License, September 30, 2025
- Registered Nurse: Colorado License, expires September 30, 2025
- DEA License, expires July 31, 2025

PROFESSIONAL ORGANIZATIONS

- American Academy of Nurse Practitioners: February 2015-present
- National Association of Pediatric Nurse Practitioners: December 2018-present
- The Obesity Society: October 2022-present

ACTIVITIES AND RELATED EXPERIENCE

- Volunteer, Round Up River Ranch Family Camp, October 2022
- Speaker, Denver Public Schools Medical Academy Career Day, June 2022
- Mentee, Children's Hospital Colorado Advanced Practice Provider Mentorship Program, 2021-2022
 - o Mentor – Amanda Egan, PNP
- Volunteer Interviewer - University of Pennsylvania Alumni Interview Committee: January 2016-2021
- Junior Faculty Interest Group Member - Children's Hospital Colorado: February 2017-present
- Advanced Practice Shared Governance Council Member - Children's Hospital Colorado: February 2017-present
- Volunteer Coordinator - United Community Clinics, University of Pennsylvania: October, 2010 - November, 2011.